



## WORKBOOK



personalize your daily affirmations

**I AM**

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*I AM*

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**i AM**

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I Am

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*I Am*

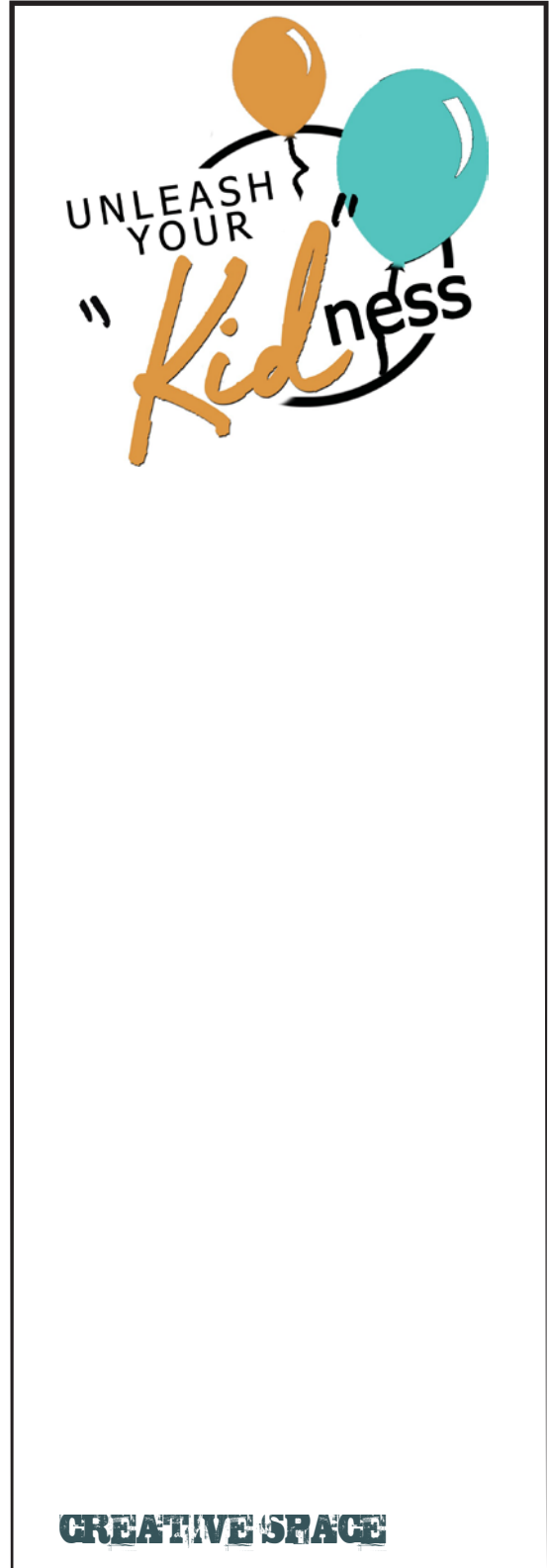
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*I Am*

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*I Am*

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# GOAL SETTING WORKSHEET



BEHAVIOR GOAL

ACTION STEPS

DEADLINE

- 1.
- 2.
- 3.

L GOAL

ACTION STEPS

DEADLINE

- 1.
- 2.
- 3.

PERSON

ACTION STEPS

DEADLINE

- 1.
- 2.
- 3.

ACADEMIC GOAL

ACTION STEPS

DEADLINE

- 1.
- 2.
- 3.

ACADEMIC GOAL

ACTION STEPS

DEADLINE

- 1.
- 2.
- 3.

ACADEMIC GOAL







Own your dreams and strive to own your spotlight. After all, we can do anything we put our minds to.

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